***THE SIX DR. BOOKS WE ARE COUNSELED TO PURCHASE,***

***INCLUDING LOUGHBOROUGH’S BOOK,***

***THAT THE DOCTORS PRESSED HIM TO WRITE***

***Website:*** [Healthy Christian Living - Living by the Blueprint](https://livingbytheblueprint.com/)

***#1: ‘The First Book in Physioloy and Hygiene’*** *by: Dr. John Harvey Kellogg* 🡪 {March 9, 1888 EJW, SITI 160.14}

* **WHAT MY PHYSICAL COPY LOOKS LIKE AND WHERE TO PURCHASE YOUR OWN:** ($15.95)

<https://www.teachservices.com/first-book-in-physiology-and-hygiene-kellogg-john-harvey-md-paperback-lsi/>

* **WHERE TO READ THE BOOK ONLINE:**

<http://www.bookrags.com/ebooks/17367/#gsc.tab=0>

***#2: ‘The Hygienic Family Physician’*** *by: Dr. Merritt G. Kellogg 🡪* {1868 JNL, HBH 1a.2}

* **WHERE TO ORDER:** ($12.99)

<https://www.amazon.com/Hygienic-Family-Physician-Preservation-Treatment/dp/1722652276>

* **WHERE TO READ ONLINE:**

<https://collections.nlm.nih.gov/ext/kirtasbse/64220470R/PDF/64220470R.pdf>  

***#3: ‘The Uses of Water in Health and Disease’*** *by: Dr. John Harvey Kellogg*

* **WHERE TO ORDER:** ($11.09)

<https://www.amazon.com/Uses-Water-Health-Disease-Practical/dp/B008GXHC90>

* **WHERE TO READ ONLINE**

Not available to read online at this time

***#4: ‘Hand Book of Health, OR A Brief Treatise on Physiology and Hygiene’*** *by: J.N. Loughborough*

🡪{ 1888 716.3 } 🡪{ 2BIO 176.3 }  🡪 {1987 JNL, MML 67.1-.2} 

* **WHERE TO ORDER:** ($11.57)

<https://www.amazon.com/Hand-Book-Health-Instruction-Preservation/dp/1179332431>

* **WHERE TO READ ONLINE:**

<http://www.adventpioneerbooks.com/Text/pioneer/JNLOUGH/HANDBOOK.pdf>

***#5: ‘The Home Hand-Book of Domestic Hygiene and Rational Medicine’ Volume 1,***

*by: Dr. John Harvey Kellogg* 🡪 (KC 89.2-90.2)

* **WHERE TO ORDER:** ($31.69)

<https://www.abebooks.com/servlet/BookDetailsPL?bi=30170008666&searchurl=an%3Dkellogg%26n%3D100121501%26sortby%3D17%26tn%3Dhome%2Bhand-book%2Bdomestic%2Bhygiene%2Brational&cm_sp=snippet-_-srp1-_-title2> ***\*\*\*continue on next page\*\*\****

* **WHERE TO READ ONLINE:**

<https://play.google.com/books/reader?id=blwqAAAAYAAJ&pg=GBS.PR16>

**#6: *The Home Hand-Book of Domestic Hygiene and Rational Medicine’ Volume 2,***

*by: Dr. John Harvey Kellogg* 🡪 (KC 89.2-90.2)

* **WHERE TO ORDER:** ($42.21)

<https://www.abebooks.com/servlet/BookDetailsPL?bi=22531845814&searchurl=sortby%3D17%26tn%3Dhome%2Bhand%2Bbook%2Bdomestic%2Bhygiene%2Brational%2Bmedicine&cm_sp=snippet-_-srp1-_-title3>

* **WHERE TO READ ONLINE:**

Not available for reading online